

### Achieving the vision for e-health across Asia – Using global lessons learned for timely and scalable delivery

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### Disclaimer



- This is a personal view
- I am not representing:
  - NEHTA, The NHS or NHS Connecting for Health
  - Any other government body
- I work as the Clinical Architect to ASE Consulting UK Ltd.
- I have an academic role in Canada
- I am currently working on the NEHTA PCEHR programme (but not talking about it today). I worked for the last 10 years on the Uk programme
- I was a GP / Family Doctor for 25 years
- I designed and built commercial clinical systems for 14 years
- I have no commercial interests in any Health IT related company

# "THIS MAY BE A LITTLE UNCOMFORTABLE...."

Lesson 1

# SOLVE THE CORRECT PROBLEM WITH THE RIGHT VISION

#### How do we collaborate to deliver?:

- Safe
- Effective
- Reproducible
- State-of-the-art
- 21<sup>st</sup> Century medicine
- Wherever I am
- Whatever the time
- Whatever is wrong with me

#### And better still:

- Prevent me getting ill
- And don't harm me in the process

### What is the vision?

But is this the right question any more?

Given time constraints

# WE ARE GOING TO HAVE TO TAKE SOME THINGS AS 'READ'

It's no longer a technical problem, It's a cultural problem

### **TAKEN AS READ...**

Taken as read

# HEALTH REFORM IS NOT POSSIBLE WITHOUT TAKING ON AND EMBRACING E-HEALTH

Taken as read

# E-HEALTH REFORM IS NOT POSSIBLE WITHOUT PROPER AND RELIABLE FUNDING

"Spending on information technology should be doubled, with IT budgets protected to prevent the money being siphoned off into other areas."

"Stringent central standards [should be] laid down to ensure NHS technology systems are compatible throughout the UK."

Society Guardian, Wednesday 17 April 2002 – Accessed 21-Apr-2009

# "IT spending should represent 4% of total health budget by 2008"

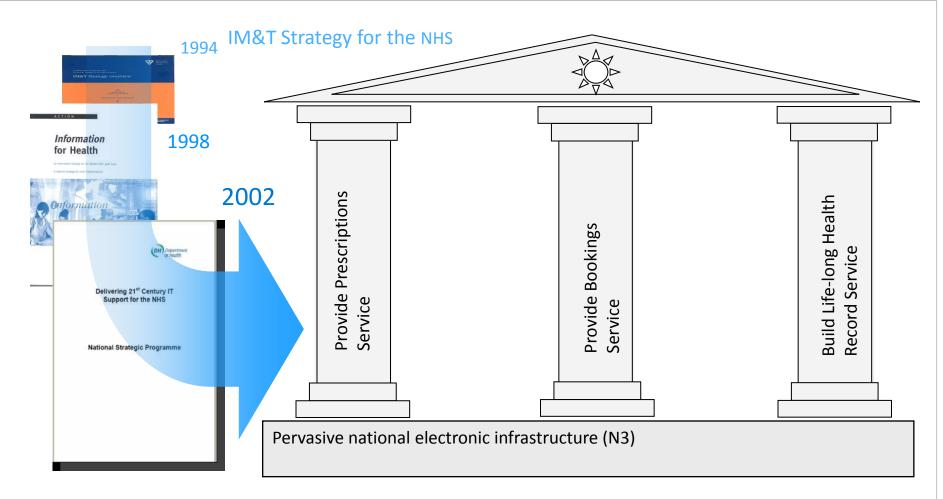
Securing our future health: Taking the long term view - Derek Wanless 2002 <a href="http://webarchive.nationalarchives.gov.uk/+/http://www.hm-treasury.gov.uk/consult\_wanless\_final.htm">http://www.hm-treasury.gov.uk/consult\_wanless\_final.htm</a>

Taken as read...

# COMPLEXITY COMES IN MANY DISGUISES

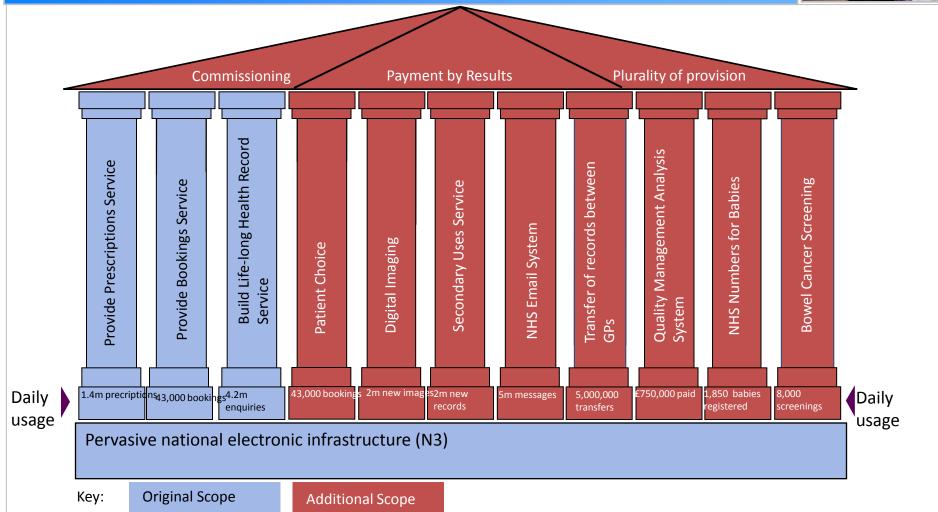
#### What the UK programme was asked to do in 2002





#### As it turned out......





## WE WILL RETURN TO COMPLEXITY LATER

Taken as read

### AGING POPULATION AND INCREASING NUMBER OF YOUNG CHRONIC SICK

### The sky is falling...

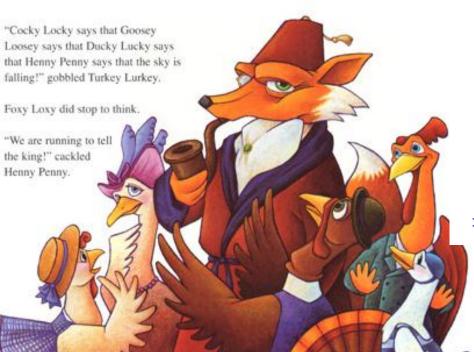
#### **Ageing Population**

2001 – over 60s > than under 18s

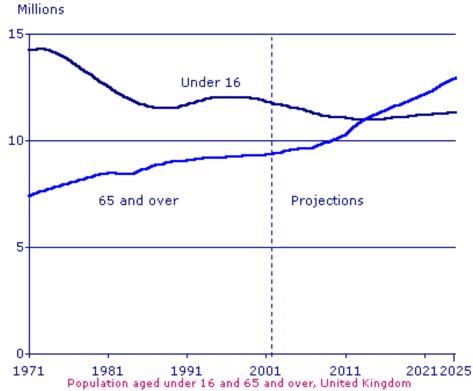
2050 – 4 times as many needing care

At 4 times the current cost

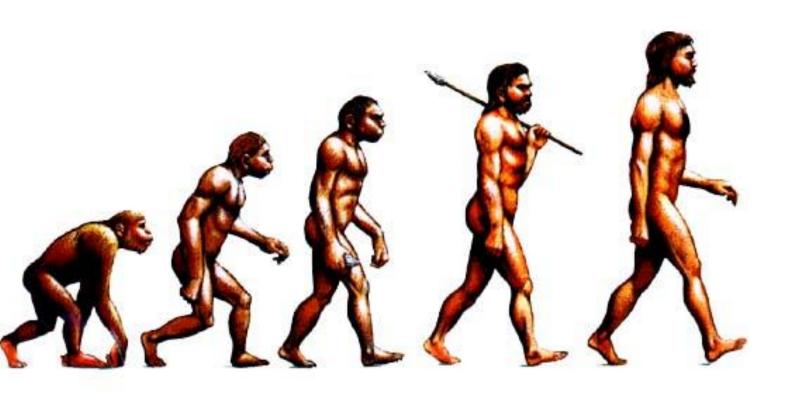
Remember hidden costs of caring



### Ageing population More over 65s than under 16s by 2014



#### Millions of years



Taken as read

# THE NEED TO CONTROL EXPENDITURE ON HEALTH

#### All health economies are on the same trajectory

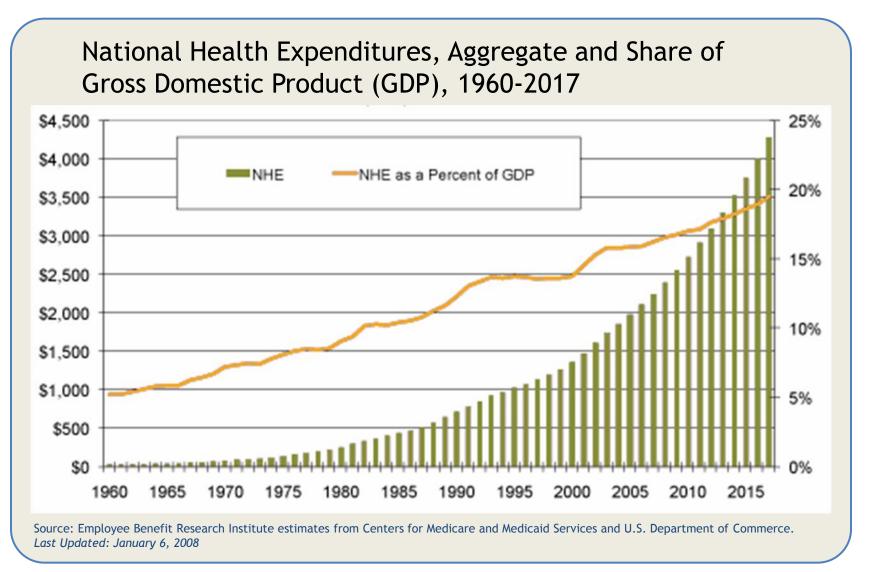
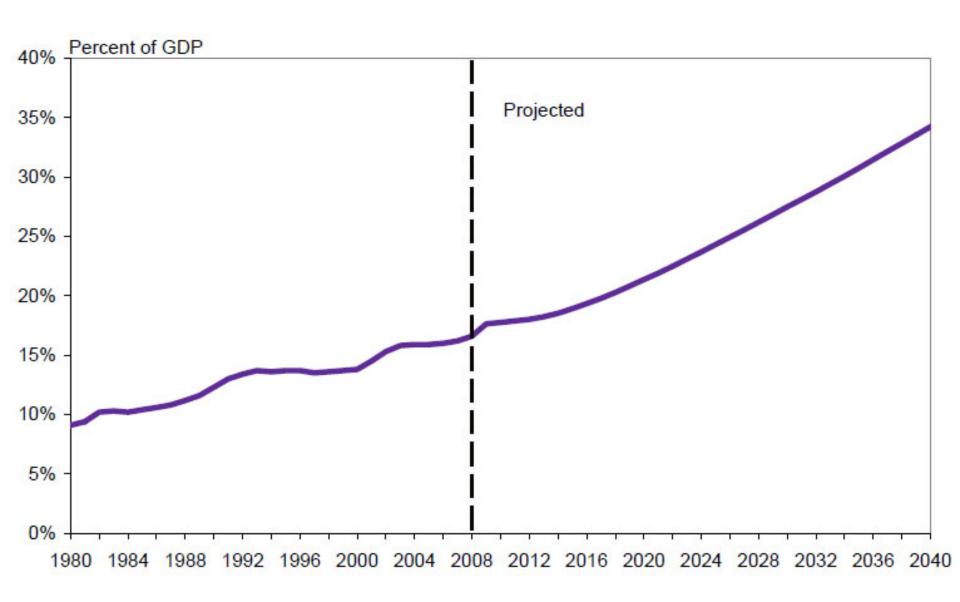


Figure 1: National Health Expenditures as a Share of GDP, 1980-2040



Eric Dishman – Intel Corp. Presentation to US Senate April 2010

Taken as read

# IT'S TIME FOR A RADICAL CHANGE TO THE DESIGN OF THE HEALTHCARE DELIVERY MODEL

#### **Challenge** — "Major" Medical Advances 1600 to 2000

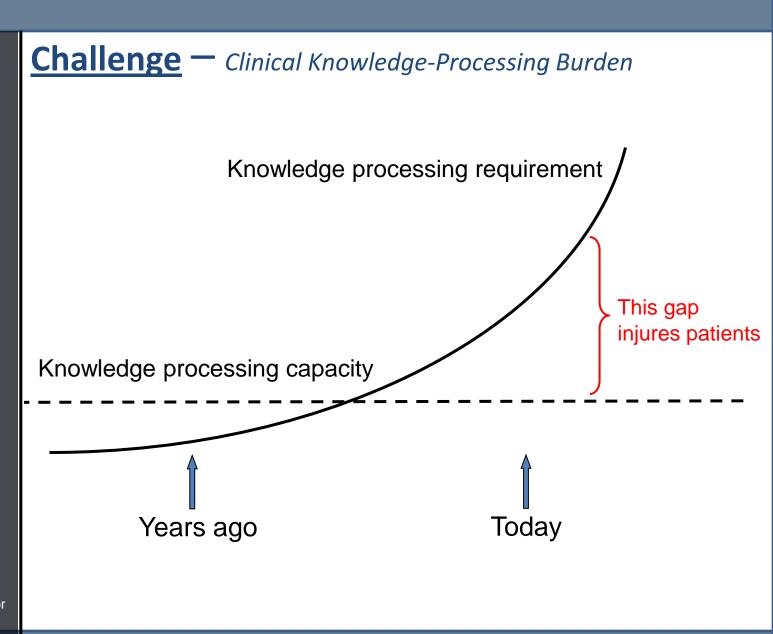


Source: Harvard Medical School, 2001

"Current medical practice relies heavily on the unaided mind to recall a great amount of detailed knowledge – a process which, to the detriment of all stakeholders, has repeatedly been shown unreliable"

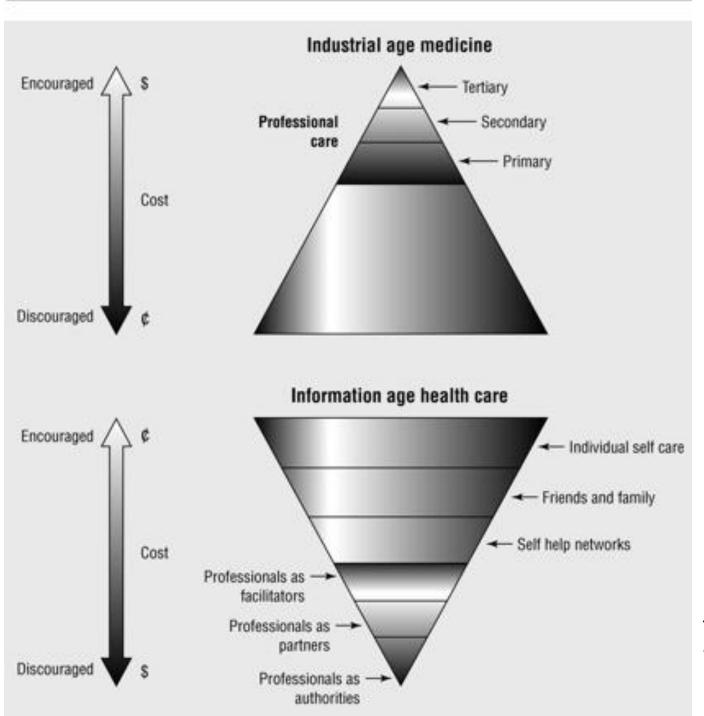
Crane and Raymond

The Permanente Journal Winter 2003 Volume 7 No.1 Kaiser Permanente Institute for Health Policy



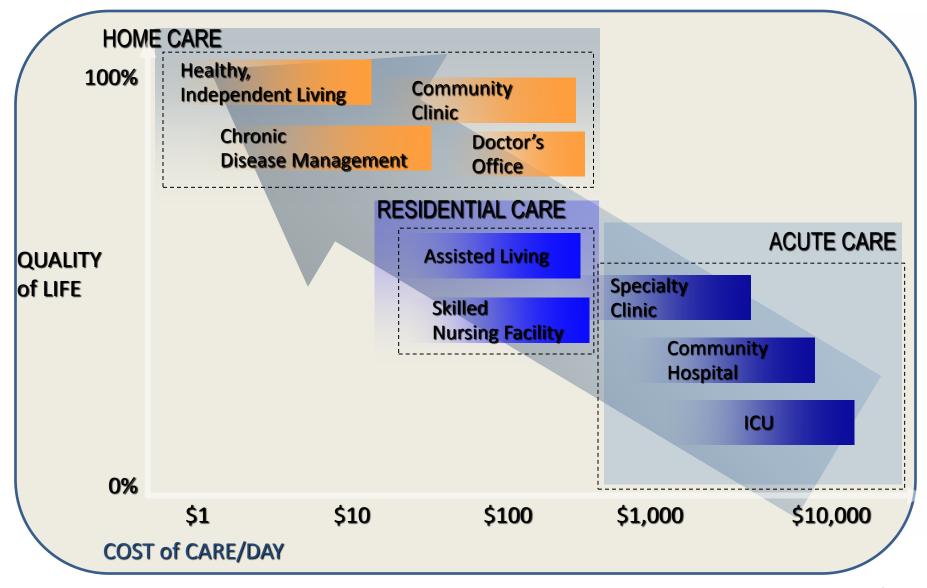
Taken as read

# YOU AND I ARE THE NEW HEALTHCARE DELIVERY RESOURCE



[Jennings, Miller, Materna 1997] after Tom Ferguson -Healthcare Forum Journal Jan/Feb 1995 pp28-33

### To deliver this change the focus Areas must change



Source: Intel Corp. 2006

# THIS MEANS EMBRACING AND INNOVATING WITH NEW TECHNOLOGIES

Appropriate devices....



Hardware for the mobile clinician



#### Design and research is now part of mainstream clinical care



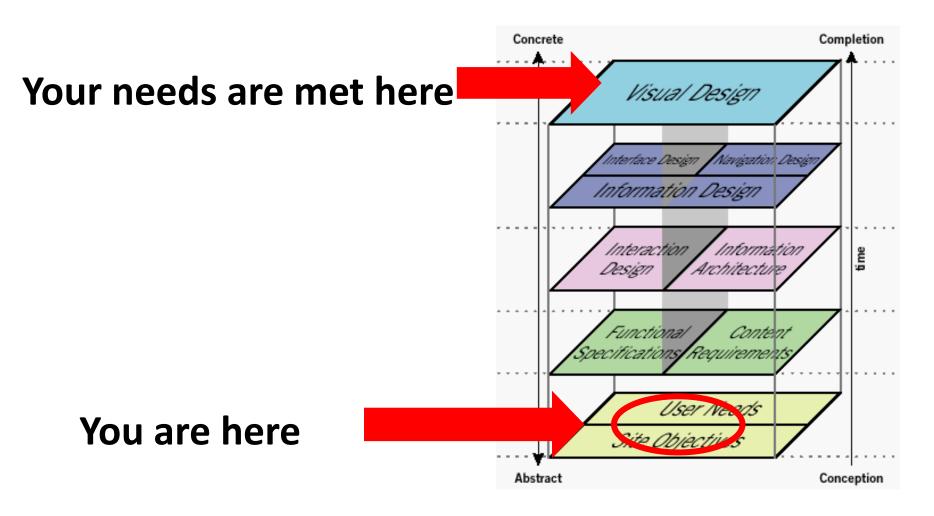
## This implies a significant change to Healthcare software

- Interoperability and sharing are now prime motivations
- Standards are required
- Detail is required but in new and more appropriate places and built on new software paradigms



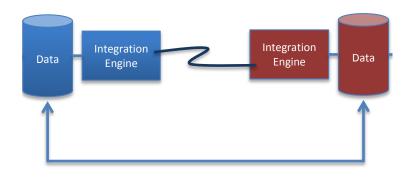


### Address the problem from the correct 'end'



- Jesse James Garrett's "The Elements of User Experience"
- www.jjg.net/ia/elements.pdf

#### The Real Interoperability Challenge



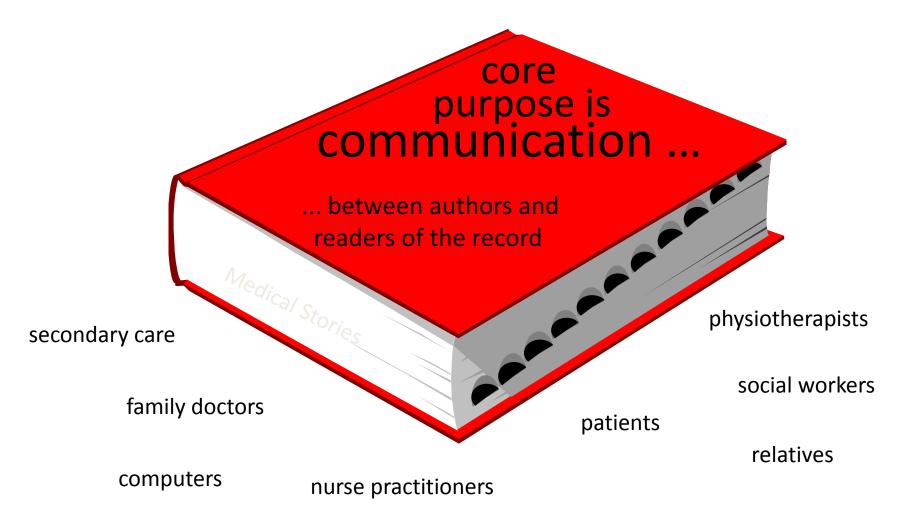
33

Current Medication Primary Diagnosis The Traditional View of Integration

Allergy and ADR

Presenting complaint

### "Standards for Clinical Records"



#### Standards for interoperability

"We will employ a ruthless approach to standards" – Sir John Patisson 2003



- Standards are important
- Standards must help us solve the problems in front of us







- Ensure that a standards based approach also delivers
  - Integration into current workflow or
  - Is so good it revolutionises and changes clinical practice











An open architecture also enables plurality of provision – securing an ongoing competitive market, diversity of supply and choice

#### **Professional Standards**



Where am I? \* RCP Web Site \* Clinical standards \* Health Informatics Unit (HIU) \* Medical record keeping

#### Haalth Information Unit (UIII)

	nealth informatics Unit (niu)	
> About the College		
<ul> <li>Patient, carer and public involvement</li> </ul>	Overview Medical record keeping Data quality LTF Contact the HIU	Get involved
> Professional issues & policy	Medical record keeping	
<ul> <li>Training, education &amp; professional development</li> </ul>	With funding from Connecting for Health, the HIU has been co-ordinating a project to develop medical profession-wide standards for the content structure of admission, handover and discharge records of patients	Professional Training, education Clinical issues & & professional Standards
➤ Clinical standards	admitted to hospital (2007-2008). Patient-focused, longitudinal, generic	policy development
What we do	electronic records, which can be customized to the wide variety of	> Acute medical care
Guidelines	contexts in which the patients are seen, fits with the College's	The right person, in the right setting - first time
Audits	commitment to the needs of the patient.	(2007)
Clinical Effectiveness and Evaluation Unit (CEEU)	The process of literature review, drafting, extensive consultation and	<ul> <li>Census of consultant physicians in the UK, 2006</li> </ul>
> <u>Health Informatics Unit</u>	redrafting has ensured that there has been large scale clinical	Data and commentary (2007)
(HIU)  National Collaborating Centre for Chronic Conditions (NCC-CC)	engagement and specialist contribution to the development of the standards.	<ul> <li>Designing safer rotas for junior doctors in the 48-hour week</li> <li>Report of a multidisciplinary working group (2006)</li> </ul>
Occupational Health Clinical	The first standards published by the HIU were Generic Medical Record	
Effectiveness Unit	Keeping Standards. These are high level and auditable and are applicable to any patient's medical record. The twelve standards received formal RCP approval from the Clinical Standards Board meeting in March	Public open day:
> Specialties	2007 and were published in the RCP journal 'Clinical Medicine' in August	Royal College of Physicians
\ Library	2007 accompanied by a media launch.	Sat 5 July 11am to 4pm

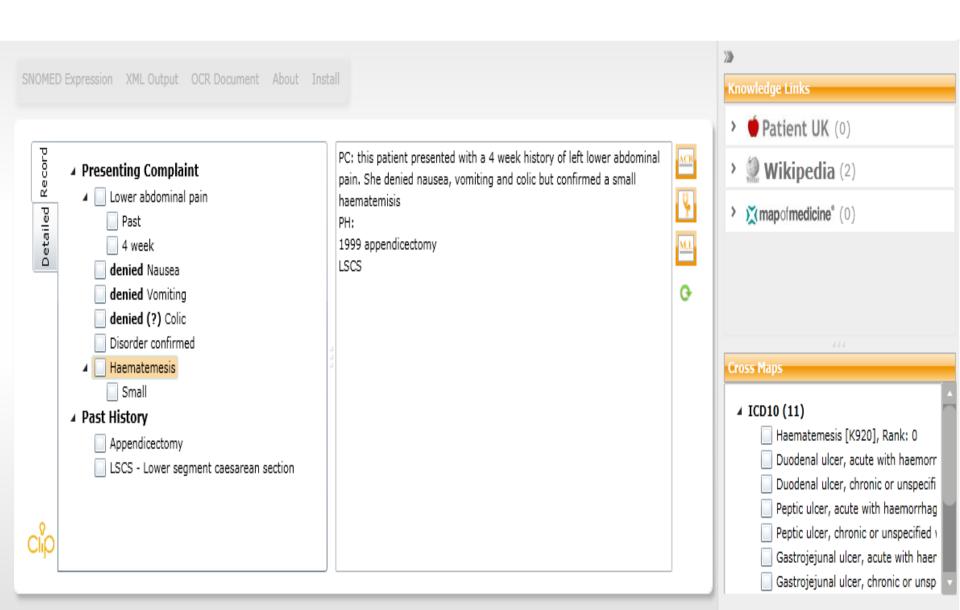
Public open day: Royal College of Physicians Sat 5 July 11am to 4pm Free admission

"The organisation of the medical record should be a matter of *immediate* concern to practicing physicians and students" ...

"Developments.....are far more advanced and immediately applicable than many realise and concern with them is neither premature nor impractical"

Weed LL New Eng J Med Vol **278:**593-600,1968

#### To deliver what a clinician wants...



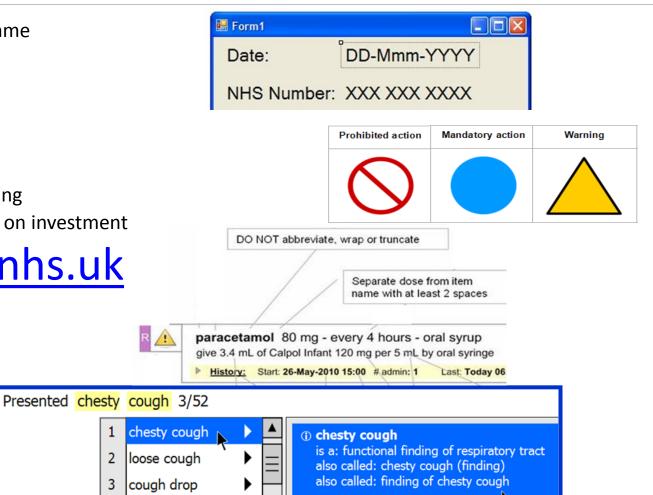
#### A Common User Interface



#### Open source programme

- 3 overarching drivers
- Patient safety
- Clinical utility
- Reduced (re-) training
- .. and secure a return on investment

#### www.cui.nhs.uk



Hardware Interoperability - www.continuaalliance.org





#### Promoters (47)



































GE Healthcare







## ~250 Companies Worldwide

















































Another Lesson

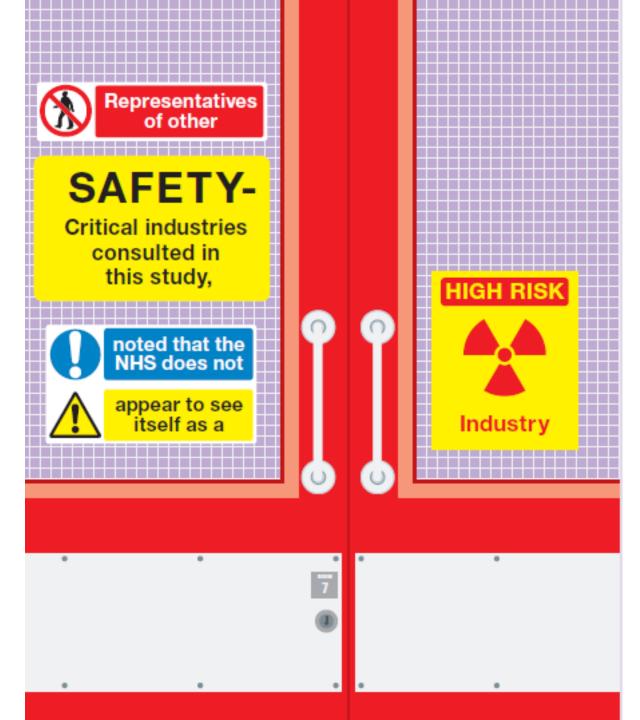
# DON'T SPEND THE NEXT 20 YEARS INVENTING THINGS WHICH ALREADY EXIST

### Big lessons

- Starting again will take 20 years however good your team is
- Even though your market is huge taking a separate approach will isolate you from the forming global approach
- This will cost money and time



Harvard School of Public Health



Healthcare must change

#### **SAFETY CULTURE**

## Windscale (U.K.), 1957

- Fire in reactor #1 resulted in radiation discharge.
- Improper fire-fighting caused 2<sup>nd</sup> discharge.
- 32 deaths, 260 cancer cases from radiation.
- Poor plant design & procedures prompted safety case regime for nuclear industry.



Windscale reactors 1 & 2 circa 1950

## Flixborough (U.K.), 1974



Damage to the plant after the explosion

- Explosion at chemical plant following pipe rupture (maint. error)
- 28 killed, 36 injured
- Rupture attributed to nearby fire
- Incident prompted
   safety case regime
   for chemical industry

## Piper Alpha (U.K.), 1988

- Gas explosion & subsequent oil fire at offshore drill
- 167 killed, 62 rescued
- Maintenance errors, poor evacuation cited
- Cullen report established ALARP
- Safety case regulations introduced for off-shore industry 1992



Piper Alpha rig ablaze after the explosion

## Clapham (U.K.), 1988



Wreckage from the 3-train collision

- Signal failure causes three commuter trains to collide.
- 35 killed, 100 injured
- Maintenance introduced wiring fault in signal box.
- Public enquiry
- Railway safety case regulations introduced in 1994

#### Australia 2011





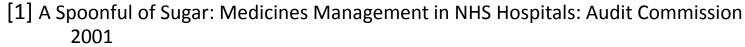
Tiger Airlines

- A whole fleet was grounded
- No one was killed or injured
- CASA concerns were enough.
- Pilots forced to retrain and some failed

# LET'S USE MEDICATION AS AN EXAMPLE....

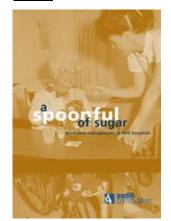
## **UK Drug interactions 2001**

- As people get older, their use of medication tends to increase.
  - 80% of people over 75 take at least 1 prescribed medicine,
  - 36% of people over 75 take 4 or more medicines.
  - Adverse reactions are implicated in 5% to 17% of hospital admissions of older people.
  - Older people who are taking 4 or more medicines have an increased risk of suffering an adverse drug reaction to a medicine and being readmitted to hospital as a result.



http://www.audit-

commission.gov.uk/nationalstudies/health/other/Pages/aspoonfulofsugar.aspx



#### Adverse events 2003

- 10.8% of patients on medical wards experience an adverse event – 46% of which are preventable.
- 12% of these relate to medicines use
- 1/3 lead to greater morbidity or death
- Each adverse event = on average 8.5 additional bed days
- Cost = £1.1bn possible £506m saving ?



### **UK Adverse Drug Events 2004**

- 1 in 16 hospital admissions are the result of an adverse drug reaction 76% avoidable.
- This equates to 4% of hospital bed capacity At any one time 7 x 800 bed hospitals are occupied by patients admitted with ADRs
- Cost = £466m annually £354m avoidable by putting in place e-prescribing?



#### And in Australia

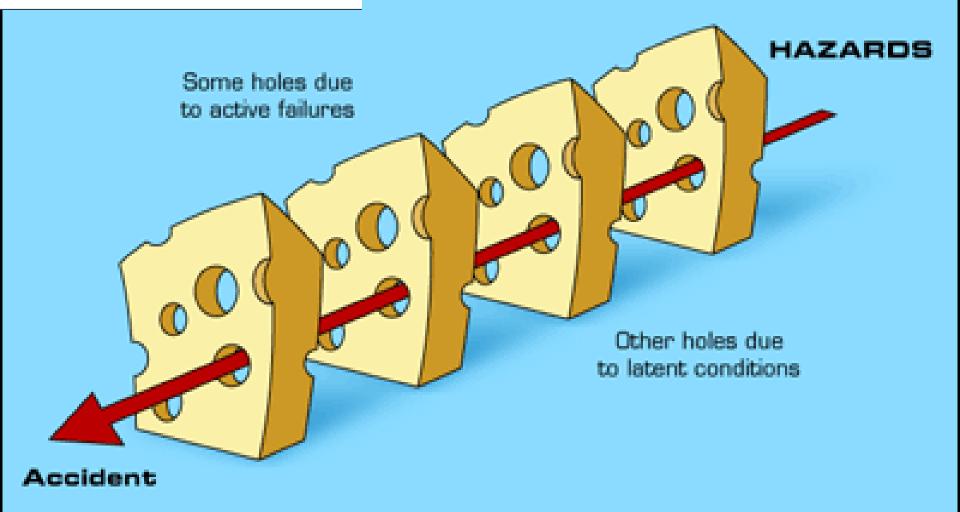
"We have shown that 2–4% of all hospital admissions, and up to 30% for patients >75 years of age, are medication-related;

up to three-quarters are potentially preventable."



#### **KNOW YOUR ENEMY**

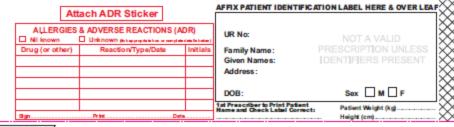




#### SUCCESSIVE LAYERS OF DEFENSES

http://patientsafetyed.duhs.duke.edu/module\_e/swiss\_cheese.html -accessed 02-Aug-2011

## Australian Standard Drug Chart (paper)



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#### AS REQUIRED "PRN" **MEDICATIONS**

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# TRADITIONAL APPROACHES TO SOFTWARE DEVELOPMENT HAVE LARGELY FAILED TO DELIVER WHAT WE NEED....SO FAR

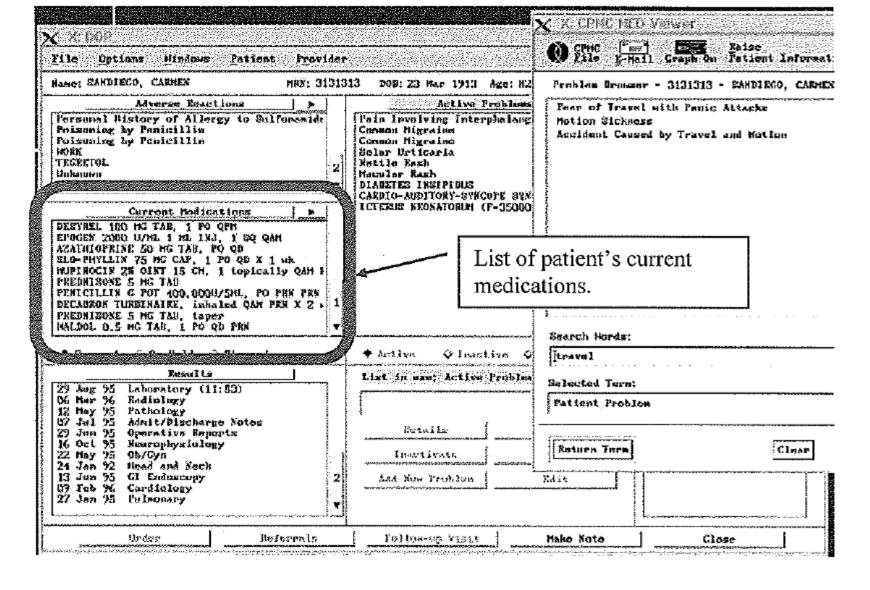
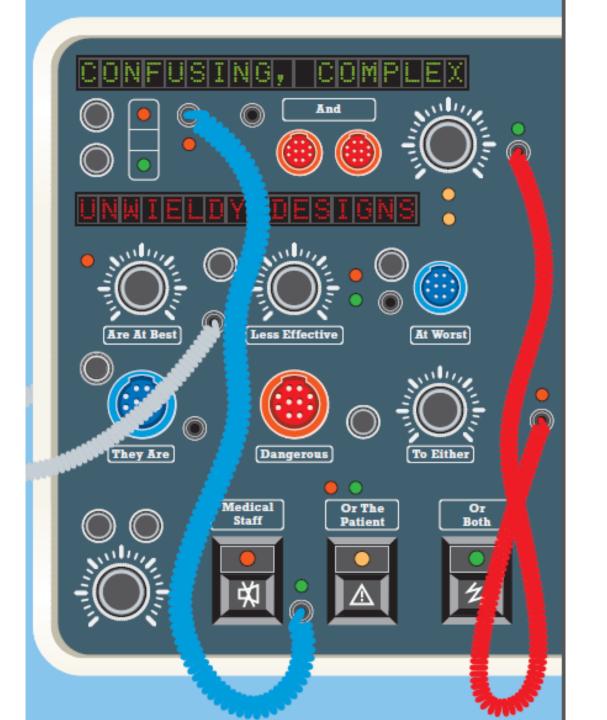


FIGURE 2 USER INTERFACE OF DOCTOR'S OUTPATIENT PRACTICE SYSTEM (DOP)
[20]

User Interface requirements for the presentation of health data HB306 2007 – Standards Australia



And a real understanding of the problem you are trying to solve

# ULTRA-DETAIL IS NECESSARY IF YOU ARE GOING TO REPLACE THE PAPER

# Information design for patient safety

Guidelines for safe on-screen display of medication information

NHS

National Patient Safety Agency

NHS

Connecting For Health

To show the size of the issue and also the change which it could catalyse

# THE CONCEPTS ARE APPLICABLE ACROSS A BROAD AREA





Design for patient safety

# A guide to the graphic design of medication packaging

Second edition



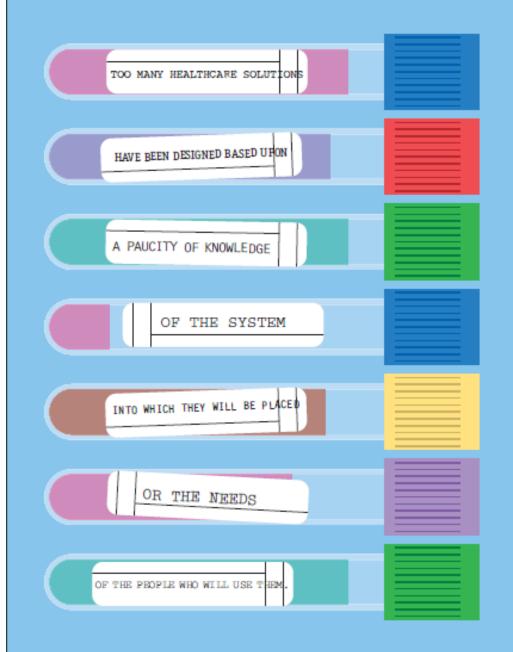


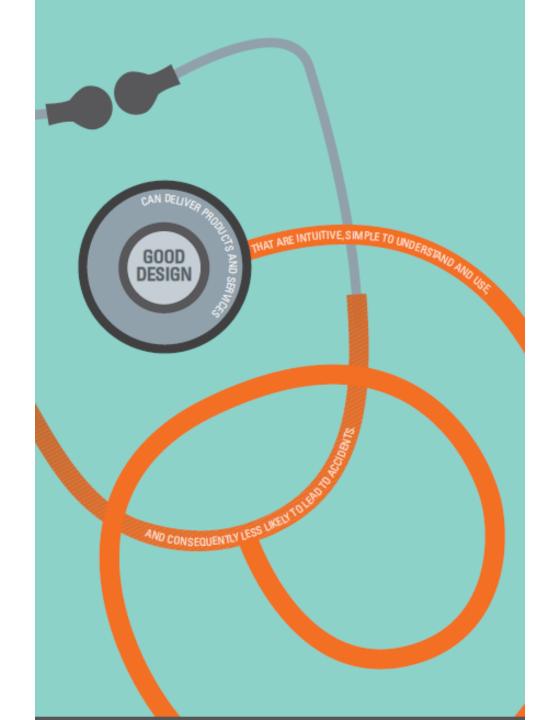




# IF SAFETY IS THE GOAL THEN 'IDENTICAL' BEHAVIOUR IS REQUIRED

#### In Conclusion







#### "Strong reasons make strong actions"

- King John Act 3 Scene 4
- Shakespeare

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"We are not tinkers who merely patch and mend what is broken... We must be watchmen, guardians of the life and the health of our generation, so that stronger and more able generations may come after"

Dr Elizabeth Blackwell (1821-1910)

"It is unethical to carry on doing what we are currently doing"

Professor Sir Muir Gray 01-Oct-2004



## Achieving the vision for e-health across Asia – Using global lessons learned for timely and scalable delivery

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